



## Exam Checklist

Either new or an established patient to our practice, we would like to offer our thanks for choosing Focal Pointe Eye Care for your eye health and vision care. In order for us to get your file up to date and to provide the most beneficial use of your time with us, we ask you to complete the following tasks and bring the results to your appointment. Dr. Lyons needs this information in order to give you the best eye care possible.

- Completed Patient Registration Form:** This diagnostic information includes personal and family health information needed to establish your file, as well as your current eye health and vision status. This form asks for a complete list of prescription and non-prescription medication, which may be brought in as a separate list for us to photocopy if you prefer. For your convenience, this form can be securely submitted online simply by clicking the “Online Patient Registration” button or by printing out the form located in “Patient Forms.”
- Insurance cards:** Please bring in any vision and/or medical insurance you may be covered by. Even for “routine” visits, if a medical eye condition is discovered during your examination, we can submit a claim to your health insurance for the medical evaluation portion of your examination. Please feel free to call in advance to speak with our Account Manager regarding insurance coverage.
- Eyeglasses:** Please bring ALL pairs of eyeglasses you currently use, including prescription or non-prescription reading glasses, sunglasses, and so on. We will compare the optical power of your old lenses with your new exam findings, enabling us to determine and explain how your vision has changed over time. We can also evaluate the condition and fit of your current eyewear.
- Contact Lenses:** It is best to wear your current contacts to your appointment if possible. Next best is to bring them along in your case. If you wear planned replacement or disposable lenses, it is very helpful if you bring along your cartons or lens packets that indicate the lens brand, power, and curvature.
- Eye Medications:** Please place any eye drops or ointments that you use in a small bag and bring it along with you.
- Dilation:** Dr. Lyons received extensive training in eye health and believes the proper eye examination includes a dilated retinal exam. This does involve drops that will dilate the pupils of your eyes. This allows Dr. Lyons to examine the back of your eyes to ensure the structures are healthy, screening for conditions like glaucoma and macular degeneration. It also helps determine the best vision correction in some people. Dilation does take a minimum of 30 minutes to take effect before the doctor can examine the back of your eyes. Please schedule your eye appointment with this in mind. You may want to consider making transportation arrangements, as your vision may be blurry for a few hours after dilating. Please bring your sunglasses as you will be light sensitive.

Please note that pupil dilation is highly recommended by Dr. Lyons when appropriate, however it is always your right to decline. If you prefer to forgo dilation, please make the staff and Dr. Lyons aware of this so other options can be discussed.

**Dr. Lyons and the staff of Focal Pointe Eye Care look forward to seeing you at your appointment!**

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